



Total Time  
**50 MIN.**

Serving & Size  
**1 CUP**

Difficulty  
**EASY**

Common ingredients--vegetable beef soup, ground beef, corn, rice and Cheddar cheese--make an uncommon encounter, with chunky salsa, for a dish that satisfies.

Yields  
**25**

<b>Nutrition Facts</b>	
Serving Size	1 CUP
<b>Amount Per Serving</b>	
<b>Calories</b> 370	
	<b>% Daily Value</b>
<b>Total Fat</b> 10.7g	<b>16%</b>
<b>Saturated Fat</b> 4g	<b>20%</b>
<b>Cholesterol</b> 51mg	<b>17%</b>
<b>Sodium</b> 1280mg	<b>53%</b>
<b>Total Carbohydrate</b> 49.9g	<b>17%</b>
<b>Dietary Fiber</b> 5.5g	<b>22%</b>
<b>Protein</b> 19.4g	<b>39%</b>
Vitamin A 12%	Vitamin C 2%
Calcium 5%	Iron 18%

**INGREDIENTS** **WEIGHT** **MEASURE**



**Campbell's® Classic Vegetable Beef Soup**, 50 oz ea

50 oz. 1 cans

water 1/2 cups

80% lean ground beef, cooked, drained 3 lb.

frozen whole kernel corn 1 qt.



**Pace® Chunky Salsa- Mild**

3 qt.

cooked white rice 12 1/2 cups

Cheddar cheese, optional

**INSTRUCTIONS**

1. Mix soup and water

2. Add cooked ground beef, corn and salsa. Heat over medium high heat, stirring occasionally. CCP: Heat until internal temperature is 165°F. or higher for 15 seconds. CCP: Hold at 140°F. or higher. Portion using 8-oz. ladle (1 cup) over 1/2 cup rice. Sprinkle with shredded Cheddar cheese if desired.